



The 2016 Four Sisters Regatta

July 16th to July 17th 2016

Port Credit Yacht Club

** Ontario Sailing Grand Prix Development Series Event **

NOTICE OF RACE

Subject to Amendment

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The prescriptions of Sail Canada will apply and will be stated in full in the Sailing Instructions.
- 1.3 The class rules of the participating classes will apply.
 - Boats in the 420 class may use any recognized 420 hull form with the standard club training rig (with non-tapered mast) and shall have a minimum weight of 100 kg fully rigged for sailing and in dry condition but without sails and personal equipment.
- 1.4 The preamble to RRS Part 4 and RRS 40 is changed to require adequate personal buoyancy to be worn at all times while afloat except while changing clothes. Code Flag 'Y' need not be flown. RRS A4 and 35 will be changed to allow boats to be scored DNS and DNF in certain circumstances. RRS 66 will change the time limit for delivering a request to reopen a hearing. Appendix P will apply as changed so that Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one. Other rules may be changed by the sailing instructions. The changes will appear in full in the sailing instructions.
- 1.5 RRS G1.1 (b) will not apply.

2 ADVERTISING

Advertising will be permitted under Category C in accordance with ISAF Regulation 20.

3 ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to all boats of the Laser, Laser Radial, Club 420 Spinnaker, Club 420 White Sail, 29er, RS Feva and Optimist classes.
- 3.2 **Competitors and Teams are asked to register ONLINE** at www.pcy.com Click on "On Water Activities" then "Dinghy Open Regattas". On Line Registration will open June 10, 2016.
- 3.3 On-line and in-person registrations will close at 9:30AM Saturday, July 16th. All pre-registered participants must check-in with the Registration Desk by the end of registration. Late check-in is allowed only by permission of the organizing authority.
- 3.4 This regatta is part of the Ontario Sailing Grand Prix Development Series. All completed registrants with the Four Sister's Regatta will be automatically entered into the GPDS if their age meets the GPDS requirements. The GPDS is open to all Ontario 29er, Club 420, Laser and Radial classes (skippers and crew) who are less than 22 years of age by 12:00AM (midnight) on December 31, 2016. The GPDS is open to all Ontario Optimist Class sailors who are less than 16 years of age by 12:00AM (midnight) on December 31, 2016.
<http://ontariosailing.ca/racing/grand-prix-development-series/>

4 CLASSIFICATION

The ISAF Sailor Classification Code will apply.

5 FEES

- 5.1 Required Fees are as follows:



Dates: Completed Entry Form Online			Fees
All Classes (per Sailor)	Early Registration	on or before July 9, 2016	\$100.00 CAD
	Late Registration	July 10, 2016 thru July 14, 2016	\$125.00 CAD
	At the Door Registration	July 15, 2016 and July 16, 2016	\$130.00 CAD
Coaches	Registration & Coach Boat Flag Deposit [refundable]	on or before July 16, 2016	\$65.00 + \$10.00(Deposit) CAD

***Fees include lunch on both days and a BBQ on Saturday evening for all Sailors and Coaches.**

Note:

(1) Completed entries received for **BOTH** the Steerers' and Four Sisters by July 7, 2016 will receive a free BBQ dinner on Friday evening.

(2) The first 300 entries received will receive a regatta T-shirt.

(3) Breakfast is offered daily in the Clubhouse and extra BBQ tickets will be available for purchase at Registration Desk.

6 SCHEDULE

6.1 Regatta times and locations as follows:

Date	Time	Event	Location
Friday July 15, 2016	4:30 PM to 9:30 PM	Registration and Check-In, T-Shirt Pick Up	Main Patio
Saturday July 16, 2016	8:00 AM to 9:30 AM	Registration and Check-In, T-Shirt Pick Up	Main Patio
	9:30 AM	Competitors Meeting followed by Lunch Pick Up	Main Patio
	9:35 AM	Coaches Meeting - mandatory (will be brief & immediately after competitor meeting)	
	11:00 AM	1st Warning Signal - all fleets, other races to follow	designated Racing Area
	After Racing	Competitor Wrist Band Check-In	Main Patio
	approx. 5:00 PM	BBQ Dinner	
Sunday July 17, 2016	8:30 AM	Lunch Pick Up	Main Patio
	10:00 AM	1st Warning Signal - all fleets, other races to follow	designated Racing Area
	After Racing	Competitor Wrist Band Check-In	Main Patio
	After Racing & Check-in	Awards	Main Patio - Tent

***No race will be started after 3:00 PM on Sunday.**



6.2 Number of races:

- (a) All Classes except 29ers and Optimists shall race a maximum of four (4) races per day.
- (b) The maximum number of races in the series shall be seven (7) except for 29er and Optimist fleets whose maximum shall be nine (9).

7 SAILING INSTRUCTIONS

Sailing Instructions will be emailed out to registered Competitors/Coaches the week prior to the start of the regatta. There will also be copies available after 5:00PM on Friday, July 14, 2016 at the Registration Desk for those who require a copy.

8 VENUE

- 8.1 A map showing directions to the Port Credit Yacht Club can be found at www.pcy.net
- 8.2 Racing will be in the waters of Lake Ontario adjacent to Port Credit Yacht Club.

9 THE COURSES

The courses to be sailed will be either Windward/Leeward or Trapezoid and will be detailed in the Sailing Instructions.

10 PENALTY SYSTEM

- 10.1 For the 29er class RRS 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

11 SCORING

- 11.1 The Low Point scoring system as described in RRS Appendix A4.1 will be used.
- 11.2 (a) When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- (b) When five (5) to nine (9) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 11.3 One race is required to be completed to constitute a series.

12 SUPPORT BOATS AND COACH BOATS

It is strongly advised that all boats used to support racers have on board all safety equipment as required by Transport Canada. Peel Regional Police Marine Unit frequently inspects boats using our harbour for safety equipment, PCOC cards, and Radio Operators cards.

Support and Coach Boats shall be identified and shall be equipped with VHF Radios. In a general emergency situation, all Support and Coach Boats shall be utilized as safety boats and shall be under the direction of the Race Committee.

13 BERTHING AND CAMPING

Coach boats, dinghies and boards must be kept in their assigned areas: Coach boats in the Harbor, Dinghies in the harbour parking lot, Optimists will be kept on the grass by the sailing school. All competitors and coaches must respect member's boats including wake reduction.

NOTE: Limited camping is available in designated areas only, on a 'first come first served' basis. Anyone wishing to camp **must register with the regatta committee by **July 9, 2016** at youthregattas@pcyc.net. All groups camping **must** have an **adult chaperone** on site at all times and provide onsite contact information for the chaperone to the regatta committee. The committee reserves the right to deny camping privileges.**



14 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones or devices.

15 PRIZES

There will be prize flags awarded to the first three finishers of each properly constituted class/division. Other prizes may be awarded at the discretion of the Organizing Authority.

15.1 Ontario Sailing Grand Prix Development Series winners will be presented at the Ontario Sailing Annual General Meeting.

15.2 The following trophies will also be awarded:

- The Marilea McAllister Corinthian Spirit Award (sailor gets a smaller take home version)
- Top Overall Optimist Dinghy Sailor

16 CODE OF CONDUCT

Ontario Sailing Association CODE OF CONDUCT for Competitors, Parents, and Coaches will apply as well as the CODE OF CONDUCT for guests of Port Credit Yacht Club.

17 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum coverage of \$1,000,000 or the equivalent.

19 FURTHER INFORMATION

For further information please contact Port Credit Yacht Club at:
Port Credit Yacht Club, 115 Lakefront Promenade,
Mississauga, ON, CANADA, L5E 3G6
905-278-5578 and dial "0" for David Sutman at dauids@pcyc.net
or the Regatta Organizing Authority at youthregattas@pcyc.net